

Gym Memberships

RGA Advantages Member Deals and Discounts



The Active&Fit Direct™ Program

One Membership. Thousands of Ways to Stay Active and Save Money.

Stay active from anywhere with:

- 12,200+ standard gyms
- 5,700+ premium exercise studios (additional fees apply)
- Switch gyms to make sure you find the right fit
- 9,300+ on-demand workout videos so you can work out at home or on-the-go
- The ability to enroll your spouse (or domestic partner)*
- One-on-one well-being coaching in areas such as fitness, nutrition, stress, and sleep
- No long-term contracts or annual fees

Just \$28 a month!**
Visit the Active&Fit Direct website to enroll.

Get Started Today!

1. Go to accessrga.com, chose Washington, and then click the RGA Member Login button on the top of the page to access your online account.

On desktop computers:

[RGA Member Login](#)

On mobile devices:

[Member Login](#)

After you log in to the RGA member portal, scroll down to “Explore Your Benefits” and select “Access Health & Wellness Discounts” tile.



Select “Fitness Center Discount Program” and then click the \$28 “Join Now” badge. From there, you can enroll and obtain a fitness card to present at contracted fitness centers.



Note: To access this program you must enter through this partner link every time so that Active&Fit Direct can authenticate you as a member eligible for their program.

Call Active&Fit Direct at **1-844-646-2746** with more questions about this discount program

Limitations/Disclaimer:

The Active&Fit Direct™ program is provided by American Specialty Health Fitness, Inc., a subsidiary of ASH. Active&Fit Direct and the Active&Fit Direct logos are trademarks of ASH and used with permission herein. Other names or logos may be trademarks of their respective owners. Standard fitness center and premium studio participation varies by location and is subject to change. On-demand workout videos are subject to change. ASH reserves the right to modify any aspect of the Program (including, without limitation, the Enrollment Fee(s), the Monthly Fee(s), any future Annual Maintenance fees, and/or the Introductory Period) at any time per the terms and conditions. If we modify a fee or make a material change to the Program, we will provide you with no less than 30 days’ notice prior to the effective date of the change. We may discontinue the Program at any time upon advance written notice. © 2025 American Specialty Health Incorporated (ASH). All rights reserved.

*Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

**Plus an enrollment fee and applicable taxes for standard gyms. Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

Active&Fit® is a separate company that provides gym membership discounts. Active&Fit® does not provide Blue Cross Blue Shield services and is a separate company solely responsible for its products and services. Active&Fit® reserves the right to change the program any time without prior notice.

Visit accessrga.com to access your account

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