



First Choice Health[®]

Financial Hardship

Get the help you need



Money Coaches can connect you with local and national nonprofit organizations that are dedicated to helping individuals in need. Work with a Money Coach to get tips and techniques that can help you navigate challenges effectively, whether it is managing your budget, paying down debt, understanding options to increase your income, or accessing community services. A Money Coach can help you explore and implement practical solutions to help you move forward.

How MSA Helps

Partner with a Money Coach to:



Determine options whether the challenge is temporary or long-term



Understand ongoing types of assistance programs



Get contact information for community-based one-time or periodic types of assistance programs



Receive phone numbers for local resources to meet basic needs



Get ideas and tips for replacing lost income



Explore options for mortgage or rent concerns



Create a financial action plan



"I was feeling panicked and overwhelmed with my financial situation. [My Money Coach] helped me to organize myself and get some major bills paid, and I'm much more confident... Thanks to her, I am finally feeling better about my money management skills..."

– MSA Member

Ready to transform your financial future?

MSA proudly offers an unbiased, holistic financial well-being solution: coaching, digital platform, and education.

Call your EAP today at 800-777-4114.

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